

逐步療法標準

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## 2022年逐步療法標準 (逐步療法標準清單)

**請仔細閱讀：**根據 IEHP DUALCHOICE CAL MEDICCONNECT 計劃 (MEDICARE-MEDICAID 計劃) 的要求，您必須先嘗試使用特定的藥物來治療您的疾病，之後我們才能承保用於治療此疾病的其他藥物。此文件包含我們在此計劃中承保的逐步療法標準的相關資訊。

**現有會員須知：**受益人必須使用網絡藥房來獲得處方藥物福利。福利、承保藥物清單、藥房與保健業者網絡及共付額可能會在全年及每年 1 月 1 日不時產生變動。

IEHP DualChoice Cal MediConnect 計劃 (Medicare-Medicaid 計劃) 是與 Medicare 及 Medi-Cal 簽約的保健計劃，旨在為參保者提供這兩項計劃的福利。您可免費取得此資訊的其他語言版本。請撥打 1-877-273-IEHP (4347)，服務時間為上午 8 點至晚上 8 點（太平洋時間），每週七天，包括節假日。TTY 使用者應撥打 1-800-718-4347。電話服務免費。

You can get this information for free in other languages. Call 1-877-273-IEHP (4347), 8am–8pm (PST) 7 days a week, including holidays. TTY users should call 1-800-718-4347. The call is free.

逐步療法組	演算法	步驟
糖尿病	<p>必須嘗試使用一項處方集替代藥物：alogliptin, alogliptin-metformin, Basaglar, glimepiride, glimepiride-pioglitazone, glipizide, glipizide ER, glipizide-metformin, glyburide, glyburide-metformin, Humalog Mix, Humulin, Humulin N, Humulin R, insulin lispro, Januvia, Janumet, Lantus, Toujeo, metformin, metformin ER, Novolin, Novolin N, Novolin R。</p> <p>對患有患有 2 型糖尿病並具有多種心血管風險因素或已確定的心血管疾病的受益人使用 dulaglutide 或 liraglutide，所需的獲批前提條件有例外情況。</p>	<p><b>第 1 步：</b> <i>alogliptin 12.5 mg tablet, alogliptin 12.5 mg-metformin 1,000 mg tablet, alogliptin 12.5 mg-metformin 500 mg tablet, alogliptin 25 mg tablet, alogliptin 6.25 mg tablet, BASAGLAR KWIKPEN U-100 INSULIN 100 UNIT/ML (3 ML) SUBCUTANEOUS, glimepiride 1 mg tablet, glimepiride 2 mg tablet, glimepiride 4 mg tablet, glipizide 10 mg tablet, glipizide 2.5 mg-metformin 250 mg tablet, glipizide 2.5 mg-metformin 500 mg tablet, glipizide 5 mg tablet, glipizide 5 mg-metformin 500 mg tablet, glipizide er 10 mg tablet, extended release 24 hr, glipizide er 2.5 mg tablet, extended release 24 hr, glipizide er 5 mg tablet, extended release 24 hr, glyburide 1.25 mg tablet, glyburide 1.25 mg-metformin 250 mg tablet, glyburide 2.5 mg tablet, glyburide 2.5 mg-metformin 500 mg tablet, glyburide 5 mg tablet, glyburide 5 mg-metformin 500 mg tablet, glyburide micronized 1.5 mg tablet, glyburide micronized 3 mg tablet, glyburide micronized 6 mg tablet, HUMALOG MIX 50-50 (U-100) INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, HUMALOG MIX 75-25 (U-100) INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, HUMULIN 70/30 U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, HUMULIN N NPH U-100 INSULIN (ISOPHANE SUSP) 100 UNIT/ML SUBCUTANEOUS, HUMULIN R REGULAR U-100 INSULIN 100 UNIT/ML INJECTION SOLUTION, HUMULIN R U-500 (CONCENTRATED) INSULIN 500 UNIT/ML SUBCUTANEOUS SOLN, insulin lispro (u-100) 100 unit/ml subcutaneous half-unit pen, insulin lispro (u-100) 100 unit/ml subcutaneous pen, insulin lispro (u-100) 100 unit/ml subcutaneous solution, insulin lispro protamine-lispro 100 unit/ml (75-25) subcutaneous pen, JANUMET 50 MG-1,000 MG TABLET, JANUMET 50 MG-500 MG TABLET, JANUMET XR 100 MG-1,000 MG TABLET,EXTENDED RELEASE, JANUMET XR 50 MG-1,000 MG TABLET,EXTENDED RELEASE, JANUMET XR 50 MG-500 MG TABLET,EXTENDED RELEASE, JANUVIA 100</i></p>

逐步療法組	演算法	步驟
		<p>MG TABLET, JANUVIA 25 MG TABLET, JANUVIA 50 MG TABLET, LANTUS SOLOSTAR U-100 INSULIN 100 UNIT/ML (3 ML) SUBCUTANEOUS PEN, LANTUS U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SOLUTION, <i>metformin 1,000 mg tablet, metformin 500 mg tablet, metformin 850 mg tablet, metformin er 500 mg tablet, extended release 24 hr, metformin er 750 mg tablet, extended release 24 hr</i>, NOVOLIN 70/30 U-100 INSULIN 100 UNIT/ML SUBCUTANEOUS SUSPENSION, NOVOLIN N NPH U-100 INSULIN ISOPHANE 100 UNIT/ML SUBCUTANEOUS SUSP, NOVOLIN R REGULAR U-100 INSULIN 100 UNIT/ML INJECTION SOLUTION, <i>pioglitazone 30 mg-glimepiride 2 mg tablet, pioglitazone 30 mg-glimepiride 4 mg tablet</i>, TOUJEO MAX U-300 SOLOSTAR 300 UNIT/ML (3 ML) SUBCUTANEOUS INSULIN PEN, TOUJEO SOLOSTAR U-300 INSULIN 300 UNIT/ML (1.5 ML) SUBCUTANEOUS PEN</p> <p><b>第 2 步:</b> TRULICITY 0.75 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR, TRULICITY 1.5 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR, TRULICITY 3 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR, TRULICITY 4.5 MG/0.5 ML SUBCUTANEOUS PEN INJECTOR, VICTOZA 3-PAK 0.6 MG/0.1 ML (18 MG/3 ML) SUBCUTANEOUS PEN INJECTOR</p>

逐步療法組	演算法	步驟
Myrbetriq	必須嘗試使用一項處方集替代藥物: oxybutynin, oxybutynin ER, tolterodine, tolterodine ER	<p><b>第 1 步:</b> <i>oxybutynin chloride 5 mg tablet, oxybutynin chloride 5 mg/5 ml oral syrup, oxybutynin chloride er 10 mg tablet, extended release 24 hr, oxybutynin chloride er 15 mg tablet, extended release 24 hr, oxybutynin chloride er 5 mg tablet, extended release 24 hr, tolterodine 1 mg tablet, tolterodine 2 mg tablet, tolterodine er 2 mg capsule, extended release 24 hr, tolterodine er 4 mg capsule, extended release 24 hr</i></p> <p><b>第 2 步:</b> MYRBETRIQ 25 MG TABLET, EXTENDED RELEASE, MYRBETRIQ 50 MG TABLET, EXTENDED RELEASE</p>
Savella	必須嘗試使用一項處方集替代藥物: duloxetine, gabapentin	<p><b>第 1 步:</b> <i>duloxetine 20 mg capsule, delayed release, duloxetine 30 mg capsule, delayed release, duloxetine 40 mg capsule, delayed release, duloxetine 60 mg capsule, delayed release, gabapentin 100 mg capsule, gabapentin 250 mg/5 ml oral solution, gabapentin 300 mg capsule, gabapentin 400 mg capsule, gabapentin 600 mg tablet, gabapentin 800 mg tablet</i></p> <p><b>第 2 步:</b> SAVELLA 100 MG TABLET, SAVELLA 12.5 MG (5)-25 MG(8)-50MG(42) TABLETS IN A DOSE PACK, SAVELLA 12.5 MG TABLET, SAVELLA 25 MG TABLET, SAVELLA 50 MG TABLET</p>
Uloric	必須嘗試使用一項處方集替代藥物: allopurinol	<p><b>第 1 步:</b> <i>allopurinol 100 mg tablet, allopurinol 300 mg tablet</i></p> <p><b>第 2 步:</b> <i>febuxostat 40 mg tablet, febuxostat 80 mg tablet</i></p>

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