



INLAND EMPIRE HEALTH PLAN

## Blood Pressure Monitor Prescription Referral Form

Please complete this form and fax it to a contracted IEHP DME Pharmacy

Member Name:	Prescriber Name:
DOB:	NPI:
Phone:	Office Phone:
IEHP ID:	Office Fax:
Address:	Office Address:

Any Blood Pressure Monitor costing less than \$99 is covered.

Medical Justification (Please select one):

- Confirmed diagnosis of Hypertension
- Suspected White Coat Hypertension (All criteria must be met)
  - Office blood pressure >140/90 mm Hg on at least three separate clinic/office visits with two separate measurements made at each visit
  - At least two documented blood pressure measurements taken outside the office which are <140/90 mm Hg
  - No evidence of end-organ damage
- Confirmed diagnosis of End Stage Renal Disease
- Confirmed diagnosis of a Cardiovascular Disease that affects blood pressure
  - Includes chronic heart failure, heart valve problems, previous history of stroke, or stents
- Other: Please provide medical justification



### Blood Pressure Monitor

Sig: Use As Directed

Quantity: One (1)

Cuff Size (Please select one):

- Small Adult / Pediatric (16 – 24 cm OR 6.3 – 9.4 in)
- Medium Adult (24 – 36 cm OR 9.4 – 14.2 in)
- Large Adult (36 – 42 cm OR 14.2 – 16.5 in)
- Extra Large Adult (42 – 60 cm OR 16.5 – 23.6 in)

Prescriber Signature: \_\_\_\_\_

Date: \_\_\_\_\_