



To: All IPAs and PCPs
From: IEHP – Provider Relations
Date: June 23, 2021
Subject: **Reminder - Family Asthma Program Classes**

The Inland Empire Health Plan (IEHP) Family Asthma Program is available for all Members diagnosed with Asthma. This program, offered in English and Spanish classes, is extremely helpful to Members who are newly diagnosed or with uncontrolled asthma as referred by their doctor. Members can also self-refer to the program and may access the Family Asthma Program at no cost.

The Family Asthma Program consists of one educational session for 1 ½ hours and is offered regularly online through Cisco WebEx. Live in-person classes will begin in the fall.

Providers may refer a Member to the Family Asthma Program by submitting a Health Education Referral online through the IEHP Secure Provider Portal. In addition, Members may call IEHP Member Services at (800) 440-4347 to self-refer to the program.

Members with asthma who attend the Family Asthma Program will receive education from Health Education staff on the following topics:

- identifying asthma triggers
- how asthma affects the lungs
- medications
- how to use a peak flow meter
- creating an Asthma Action Plan with their doctor

Members will also receive tools such as:

- Asthma Kit (includes spacer and peak flow meter)
- Educational materials

How To Register:

Members can self-register for the Family Asthma class at:

www.iehp.org > About Us > Upcoming Events > Family Asthma Class (Online) or by logging in through the IEHP Member portal.

Once registered for the program, Members will receive a confirmation email from Cisco WebEx with the date, time, and link to the class. Thank you for your continued partnership in caring for our IEHP Members.

As a reminder, all communications sent by IEHP can also be found on our Provider portal at: www.iehp.org > Providers > Plan Updates > Correspondences.

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054.