



**To:** All IEHP Providers & IPAs  
**From:** IEHP – Provider Relations  
**Date:** September 30, 2021  
**Subject:** Diversity Awareness Month – Please Join Us!

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**Inland Empire Health Plan (IEHP) is excited to invite you and your staff to our virtual Diversity Awareness Month this October!**

Throughout the month, we will host a variety of webinars to learn more about the diverse populations we serve and explore ways to improve our delivery of services.

The webinars will look at the impacts that race, culture, gender, age, disabilities, and traditions have on health and how we can partner together to ensure we are serving all communities.

**Check out the attached calendar of activities and visit <https://lp.constantcontactpages.com/cu/NoYerMJ/DiversityAwarenessMonth> to join!**

#### **WHAT CAN YOU EXPECT?**

- A month full of virtual celebrations and exploration.
- Each topic will provide useful insight and tools to help us better serve our communities.
- At the end of the month, we have a special activity where individuals can participate in the art of healing.

As a reminder, all communications sent by IEHP can also be found on our Provider portal at: [www.iehp.org](http://www.iehp.org) > For Providers > Plan Updates > Correspondence

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054 or (866) 223-4347.

Enclosure: Diversity Month Calendar 2021

# DIVERSITY POWER

embrace. share. celebrate.

## IEHP TALKS ABOUT EQUITY AND PUBLIC HEALTH

Join us for these important discussions to learn more about challenges facing our diverse communities.

**Tuesday, October 5**

### DISPARITIES IN OUR COMMUNITIES

Learn about the disparities faced by marginalized communities. Explore their challenges, ranging from accessing medical care to coping with the effects of trauma.

12pm - 1pm | MS Teams

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**Thursday, October 7**

### SHARING INSIGHTS ON MINORITY HEALTH

Hear a lively panel discussion among Community Health Workers who connect with various cultural groups in the Inland Empire.

12pm - 1pm | MS Teams

To sign up for an event, click this link and choose "RSVP HERE" under the webinar you want.

<https://lp.constantcontactpages.com/cu/NoYerMJ/DiversityAwarenessMonth>



A Public Entity

**Inland Empire Health Plan**



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OCTOBER  
2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>This year we are requiring prior registration via Constant Contact. Once you register, you will receive all of the meeting information needed. <a href="#">Click here for more details.</a></p>					1	2
EQUITY AND PUBLIC HEALTH WEEK	4	<b>Disparities in Our Communities</b> 12pm-1pm <b>Virtual: MS Teams</b> Explore challenges faced by marginalized communities, ranging from accessing health care to coping with the effects of trauma.	 <b>6</b>	<b>Sharing Insights on Minority Health</b> 12pm-1pm <b>Virtual: MS Teams</b> Hear a lively panel discussion among Community Health Workers who connect with various cultural groups.	8	9
	LGBTQ AND YOUTH WEEK	11	<b>An Intersectional Experience</b> 12pm-1pm <b>Virtual: MS Teams</b> Hear a riveting personal story about the struggles and triumphs of a transgender man who gave birth.	13	<b>COVID's Impact on Our Youth</b> 12pm-1pm <b>Virtual: MS Teams</b> COVID-19 has not only affected the physical health of some youth, but also their social, emotional and mental health.	 <b>15</b>
SENIORS AND PEOPLE WITH DISABILITIES WEEK	 <b>18</b>	<b>Ageing and Changing Family Dynamics</b> 12pm-1pm <b>Virtual: MS Teams</b> Take a close-up look at the Master Plan on Aging and how aging brings changes to family dynamics.	20	<b>Social Inclusion for People with Disabilities</b> 12pm-1pm <b>Virtual: MS Teams</b> Grab a cup of coffee and get inspired by an incredible employer and their extraordinary employees serving the IE!	22	23
SPIRITUALITY, HEALING AND CELEBRATION WEEK	25	<b>How Spirituality Influences Healthcare</b> 12pm-1pm <b>Virtual: MS Teams</b> Learn ways to present facts about accessing care so that faith or religion are not barriers to preventive care.	 <b>27</b>	<b>Healing and Inspiring the Human Spirit!</b> 12pm-1pm <b>Virtual: MS Teams</b> Discover how yoga and meditation can be used as coping techniques for youth in diverse communities.	29	

