



A Public Entity

Inland Empire Health Plan



To: IPA Administrators and Medical Directors
From: IEHP – Provider Relations
Date: November 24, 2021
Subject: **UM Authorization Guidelines Updates - Revised/Retired/Reviewed with No Changes**

IEHP’s Utilization Management Subcommittee has approved the following authorization guideline updates/changes, effective **November 10, 2021:**

Guideline #	Guideline Title	Degree of Change	Updates/Changes
UM_GYN 02	Fetal Non-Stress Testing	New	<ul style="list-style-type: none">• Part of recommended changes for retirement of current guideline UM_GYN 01 Antepartum Fetal Assessment• New guideline is based on the American College of Obstetricians and Gynecologists Committee Opinion 828: Indications for Outpatient Antenatal Fetal Surveillance, published June 2021

Guideline #	Guideline Title	Degree of Change	Updates/Changes
UM_GYN 01	Antepartum Fetal Assessment	Retired, Substantial	<ul style="list-style-type: none"> • Proposed changes implemented • Current UM guideline covers 3 noninvasive assessments of fetal well-being: <ul style="list-style-type: none"> ○ Prenatal ultrasonography ○ Biophysical profile (BPP) ○ Nonstress test • Replace fetal ultrasound portion of current guideline with: <ul style="list-style-type: none"> ○ Medi-Cal Provider Manual, Pregnancy: Early Care and Diagnostic Services ○ MCG A-0433 Pregnant Uterus, Transabdominal Ultrasound ○ MCG A-0434 Pregnant Uterus, Transvaginal Ultrasound • Replace biophysical profile portion of current guideline with: <ul style="list-style-type: none"> ○ MCG A-0435 Pregnant Uterus Fetal Biophysical Profile (with or without Nonstress Testing) • Replace nonstress testing portion of current guideline with: <ul style="list-style-type: none"> ○ <i>New</i> UM Subcommittee Guideline-Fetal Nonstress Testing
UM_SUR 04	Gender Dysphoria	Revised Substantial	<ul style="list-style-type: none"> • Changes addressed DHCS concern that guideline does not clearly state that a request for transgender services should be supported by (1) evidence of medical necessity to treat gender dysphoria or (2) criteria for reconstructive surgery
UM_DIA 08	Elastography	Revised Moderate	<ul style="list-style-type: none"> • References updated
UM_OTH 01	Complementary and Alternative or Holistic Therapies	Revised Moderate	<ul style="list-style-type: none"> • Alternative medicine interventions still considered experimental and investigational because of lack of peer-reviewed, published evidence of efficacy • If a therapy is covered, referrals should be limited to licensed and/or credentialed providers • References updated
UM_OTH 15	Congregate Living Health Facilities (CLHF)	Revised Substantial	<ul style="list-style-type: none"> • Admission criteria is expanded to include conditions which make placement in a skilled nursing facility (SNF) difficult, such as traumatic brain injury (TBI) • Placement attempts start with SNF or custodial care at a SNF. If attempts are unsuccessful, CHLF placement is considered for the Member who meets CLHF criteria • References updated
UM_OTH 17	Hair Removal	Revised Moderate	<ul style="list-style-type: none"> • References updated

Guideline #	Guideline Title	Degree of Change	Updates/Changes
UM_PA1 03	Referral to Pain Management Specialist	Revised Substantial	<ul style="list-style-type: none"> • Medicare National Coverage Determination (NCD): Outpatient hospital pain rehabilitation programs are covered under certain conditions References updated
UM_OTH 10	Custodial Care for Medi-Cal Members	Revised Moderate	<ul style="list-style-type: none"> • Reference updated
UM_OTH 11	Transportation Criteria	N/A	<ul style="list-style-type: none"> • Reviewed, no change

You may access all authorization guidelines through the IEHP Provider Portal at:

www.iehp.org > For Providers > Utilization Management Criteria

As a reminder, all communications sent by IEHP can also be found on the Provider portal:

www.iehp.org > For Providers > Plan Updates > Correspondence

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054 or (866) 223-4347.