To: All Riverside County PCPs and Specialists  
From: IEHP – Provider Relations  
Date: January 6, 2022  
Subject: NEW: Riverside County Public Health: Protocol for Isolation and Quarantine for the General Public

Inland Empire Health Plan, (IEHP) would like to advise Providers that Riverside County Public Health has posted “Protocol for Isolation and Quarantine for the General Public” to support COVID-19 safety practices.

The new recommended protocol is detailed for vaccinated and unvaccinated Members and cites the following recommendations for ALL who test positive, regardless of vaccination status, previous infection, or lack of symptoms.

**Recommended Actions After a Positive Covid-19 Test:**

- Stay home for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.

*Antigen test preferred

To view the new guidelines, visit: CDPH.ca.gov > COVID-19 Updates > Latest Updates > Isolation & Quarantine for COVID-19

For COVID-19 related updates affecting our Members and community, visit our website at: www.iehp.org > For Providers > Plan Updates > Coronavirus (COVID-19) Advisory

As a reminder, all communications sent by IEHP can also be found on our Provider portal at: www.iehp.org > For Providers > Plan Updates > Correspondence

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054 or (866) 223-4347.