



To: All Riverside County PCPs and Specialists
From: IEHP – Provider Relations
Date: January 6, 2022
Subject: **NEW: Riverside County Public Health: Protocol for Isolation and Quarantine for the General Public**

Inland Empire Health Plan, (IEHP) would like to advise Providers that Riverside County Public Health has posted “**Protocol for Isolation and Quarantine for the General Public**” to support COVID-19 safety practices.

The new recommended protocol is detailed for vaccinated and unvaccinated Members and cites the following recommendations for **ALL** who test positive, regardless of vaccination status, previous infection, or lack of symptoms.

Recommended Actions After a Positive Covid-19 Test:

- Stay home for at least 5 days.
- Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on day 5 or later tests negative.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.

*Antigen test preferred

To view the new guidelines, [visit](#):

[CDPH.ca.gov](#) > COVID-19 Updates > Latest Updates > Isolation & Quarantine for COVID-19

For COVID-19 related updates affecting our Members and community, visit our website at:

[www.iehp.org](#) > For Providers > Plan Updates > Coronavirus (COVID-19) Advisory

As a reminder, all communications sent by IEHP can also be found on our Provider portal at:

[www.iehp.org](#) > For Providers > Plan Updates > Correspondence

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054 or (866) 223-4347.