



**To:** IEHP Medi-Cal PCPs  
**From:** IEHP – Provider Relations  
**Date:** March 28, 2022  
**Subject:** **Initial Health Assessment (IHA)**

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Inland Empire Health Plan (IEHP) would like to remind Providers that the Initial Health Assessment (**IHA**) measure consists of five (5) **required** components:

- Comprehensive Medical History**
- Complete Social History**
- Complete Physical Exam**
- Complete Mental Exam**
- and** inclusion of a **completed Staying Healthy Assessment Form (SHA)**.

**COMMONLY MISSED opportunities for Initial Health Assessment compliance:**

- Submission of Staying Healthy Assessment Form (SHA)**
- Mental Exam:** PHQ-9, PHQ-2, or other standardized assessment tool
- Physical Exam:** Physical Exam or a complete Review of Systems
- Complete Social History:** Risk Assessments, Drug/Alcohol abuse screening tools

Find Staying Healthy Assessment Forms on the IEHP [website](#):

[www.iehp.org](http://www.iehp.org) > Providers > Provider Resources > Forms > Staying Healthy Assessment

**Important Updates**

Due to the COVID-19 pandemic, provisions were made to accept telemedicine visits to help bridge Provider efforts with IHA measure compliance. As it is deemed safe, **Providers must follow up with Members seen for an IHA visit via telehealth and conduct a face-to-face visit to complete the IHA physical exam component and ensure that all required components are addressed.**

**Reminder:** Historical Data submissions will **no** longer be supported via RightFax effective **February 1, 2022**. To ensure timely processing, Historical Data records must be submitted through the Provider Portal.

As a reminder, all communications sent by IEHP can also be found on our Provider Portal at:

[www.iehp.org](http://www.iehp.org) > Providers > Plan Updates > Correspondences

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054 or (866) 223-4347.