



To: San Bernardino County PCPs and Specialists
From: IEHP – Population Health
Date: August 22, 2022
Subject: **San Bernardino County Public Health - Monkeypox Guidance**

Inland Empire Health Plan (IEHP) would like to share resources available to San Bernardino County providers and their patients. The CDC is tracking an outbreak of monkeypox that has spread across several countries that do not normally report monkeypox, including the United States. As of August 16, 2022, 12,689 Monkeypox cases have been reported in the United States; of those 1,945 cases were reported for California residents.

Symptoms after an average incubation period of 6 to 13 days (range, 5 to 21 days):

- Flu-like symptoms may (but not always) appear including fever, headache, lymphadenopathy, myalgia, fatigue.
- This is followed approximately 1 to 3 days later by a rash that may affect the face and extremities (including palms and soles).
 - Details of Rash:
 - Mucous membranes and genitalia may be involved.
 - Evolving sequentially from macules (lesions with a flat base) to papules (slightly raised firm lesions), to vesicles (lesions filled with clear fluid), to pustules (lesions filled with yellowish fluid), and crusts which dry up and fall off.

Transmission:

- Human-to-human transmission occurs through direct contact with body fluids or lesion material, as well as through clothing or bedding contaminated by the virus
- Through large respiratory droplets during prolonged, face-to-face contact, or during intimate physical contact, such as kissing, cuddling, or sex.
- A person is considered infectious from the onset of symptoms and is presumed to remain infectious until lesions have crusted, those crusts have separated, and a fresh layer of healthy skin has formed underneath.

Testing:

- Healthcare providers should test any patients with suspected monkeypox. This includes any patient with a new characteristic rash or patients with risk factors for monkeypox and a new rash.
 - JYNNEOS PrEP Vaccine Prioritization can be used as a guide to assess patient risk and recommended action (document attached).

Vaccine Requests:

San Bernardino County Public Health is offering JYNNEOS vaccines as pre-exposure prophylaxis for patients at risk of getting Monkeypox for individuals who live, work, or go to school in our county.

Providers interested in obtaining the JYNNEOS vaccine should make requests via the forms linked below. Please note that due to limited supply, requests for the vaccine are not guaranteed.

- Provider Vaccine Request and Eligibility Form:
 - <https://app.smartsheet.com/b/form/60d9e33412e948e99e5180464d344582>
- Vaccine Interest Form for the Public: <https://tinyurl.com/mpoxvaccine>

Infection Control:

- Patients with suspected monkeypox symptoms should be placed into a single-person exam room with door closed. The patient should remain masked, and any exposed skin lesions should be covered with a sheet or gown.
- Healthcare personnel (HCP) evaluating patients with suspected monkeypox should wear the following personal protective equipment (PPE): gloves, gown, eye protection (goggles or face shield) and a N95 or equivalent or higher-level respirator. HCP should wear PPE before entering the patient's room and use for all patient contact. HCP should remove and discard gloves, gown, and eye protection, and perform hand hygiene prior to leaving the patient's room; the N95 respirator should be removed, discarded, and replaced with a mask for source control after leaving the patient's room and closing the door.
- Any EPA-registered hospital-grade disinfectant should be used for cleaning and disinfecting environmental surfaces.
- All disposable equipment used for obtaining swabs (e.g., scalpel) must be properly discarded according to the facility's established procedures.

Additional Information:

- Resources for the public and providers can be found at: <https://wp.sbcounty.gov/dph/monkeypox/>

As a reminder, all communications sent by IEHP can also be found on our website at: www.iehp.org > Providers > Plan Updates > Correspondences.

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054 or (866) 223-4347 or email ProviderServices@iehp.org



**Public Health
Administration**

Joshua Dugas, MBA, REHS
Director

Jennifer Osorio, REHS
Assistant Director

Michael A. Sequeira, M.D.
Health Officer

**JYNNEOS PREP VACCINE PRIORITIZATION CONSIDERATIONS FOR
SAN BERNARDINO COUNTY PROVIDERS**

August 4, 2022

San Bernardino County Providers,

JYNNEOS vaccine is being prioritized for individuals with known or suspected exposure to the monkeypox virus and individuals who are at high risk for monkeypox exposure. Providers are encouraged to assess the patients for risk based on the categorization below.

Risk Levels	Risk Factors	Action
High Risk	<ul style="list-style-type: none"> - MSM - Currently on HIV PrEP or interested - Recently diagnosed with a STI in the last 3 months - Diagnosed with condition that weakens immune system such as HIV - Will be attending large event (Pride, gay cruise, etc.) with potential exposure in the next 4 weeks - Met recent partners through online applications or social media platforms (such as Grindr, Tinder, or Scruff), or at clubs, raves, sex parties, saunas, or other large gatherings. - Work in a position with high occupational risk 	<p>Recommend scheduling a vaccine appointment as soon as possible</p> <ul style="list-style-type: none"> - Ask if partner(s) are showing symptoms of monkeypox, such as a rash or sore - → If yes, contact CDS by emailing monkeypox@dph.sbcounty.gov - → If no, schedule PrEP - If not currently on HIV PrEP, but interested, offer referral to receive PrEP
Medium Risk	<ul style="list-style-type: none"> - MSM - Interested in HIV PrEP - Diagnosed with a STI in the last 12 months - Will be attending large event (Pride, gay cruise, etc.) with potential exposure in the next 8 weeks - Work in a position with high occupational risk 	<p>Recommend scheduling an appointment within the next 4 weeks</p> <ul style="list-style-type: none"> - If not currently on HIV PrEP, but interested, offer referral to receive PrEP - Provide education on monkeypox symptoms and risk

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<p style="text-align: center;">Low Risk</p>	<ul style="list-style-type: none"> - Not MSM - Diagnosed with a STI in the last 12 months - Not immunocompromised - Not attending large event with potential exposure - Not in position of high occupational risk 	<p>Inform them they can submit an interest form and will be on waiting list when vaccine availability increases and prioritizations are open to low risk populations</p> <ul style="list-style-type: none"> - Provide education on differences between STI and monkeypox symptoms and/or suggest STI testing
<p style="text-align: center;">No Risk</p>	<ul style="list-style-type: none"> - Not MSM - No STI diagnosis in the last 12 months - Not immunocompromised - Not attending large event with potential exposure - Not in position of high occupational risk 	<p>Vaccine appointment is not needed at this time</p> <ul style="list-style-type: none"> - Provide education on differences between STI and monkeypox symptoms and/or suggest STI testing

Vaccination Interest Form: <https://tinyurl.com/MPOXVaccine>

Thank you,



Michael A. Sequeira, M.D.
 Health Officer
 Department of Public Health

Recursos para la Viruela del Mono

Qué es la Viruela del Mono?

La viruela símica o del mono es una enfermedad causada por la infección con el virus de la viruela del mono, un tipo de *Orthopoxvirus*. La viruela del mono se propaga principalmente a través del contacto directo con llagas infecciosas, costras o líquidos corporales, incluso durante las relaciones sexuales, así como en actividades como besos, abrazos, y masajes y mimos. La viruela del mono puede propagarse al tocar objetos utilizados por una persona con viruela del mono, como ropa y sábanas. También puede propagarse a través de las secreciones respiratorias durante un contacto prolongado, cercano y cara a cara.

Vacunación

La administración de la vacuna se determinará según la elegibilidad. Las personas interesadas pueden escanear el [Código QR](#) o visite <http://tinyurl.com/MPOXVaccine> para completar el formulario de interés de la vacuna contra la viruela del mono. Cuando se haya enviado el formulario, un profesional de Salud Pública se comunicará con usted.

Información

Para obtener más información, visite sbcounty.gov/dph/monkeypox. Si tiene más preguntas, envíe un correo electrónico a monkeypox@dph.sbcounty.gov o llame [\(800\) 722-4794](tel:(800)722-4794).

Síntomas


Sarpullido,
protuberancias,
o ampollas


Fiebre y dolor
de cabeza


Dolores
musculares


Inflamación de los
ganglios linfáticos



(Solo para Chrome o Safari)



Public Health

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Public Health

Monkeypox Resources

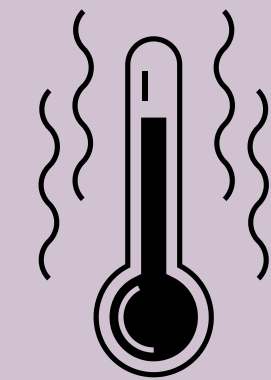
What is Monkeypox?

Monkeypox is a disease caused by infection with the monkeypox virus, a type of *Orthopoxvirus*. Monkeypox spreads primarily through direct contact with infectious sores, scabs, or body fluids, including during sex, as well as activities like kissing, hugging, massaging, and cuddling. Monkeypox can spread through touching materials used by a person with monkeypox, such as clothing and bedding. It can also spread by respiratory secretions during prolonged, close, face-to-face contact.

SYMPTOMS



Rash, bumps,
or blisters



Fever & headaches



Muscle aches



Swollen
lymph nodes

Vaccination

Vaccine administration will be determined by eligibility. Interested individuals can scan the **QR code** or visit <http://tinyurl.com/MPOXVaccine> to complete the monkeypox vaccine interest form. Once the form has been submitted, a Public Health professional will contact you.



(Chrome or Safari only)

Information

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