

*Free!*  
Mommy  
and Baby  
Goodies

# Celebrating Moms and Mommies-to-be

This December, nourish your body, mind and spirit!

Whether you're a new mom or mom-to-be, you do a lot for others.  
Why not do something for yourself?

You're invited to our maternal wellness event:

- Learn where to get prenatal and postpartum support.
- Ask our advisors about maternal health benefits through IEHP.
- Connect to community resources for you and your baby.

**IEHP Community Resource Center (near you):**

Registration is strongly encouraged • Scan QR codes below

**VICTORVILLE:**

12353 Mariposa Road,  
Suites C-2 & C-3  
Victorville, CA 92395

**Thursday, Dec. 1**  
9am-1pm



**SAN BERNARDINO:**

805 West 2nd Street,  
Suite C  
San Bernardino, CA 92410

**Saturday, Dec. 3**  
9am-12pm



**RIVERSIDE:**

3590 Tyler Street,  
Suite 101  
Riverside, CA 92503

**Friday, Dec. 9**  
2-5pm

