IEHP’s Utilization Management Subcommittee has approved the following authorization guidelines, effective 2/12/2020:

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<th>Guideline #</th>
<th>Guideline Title</th>
<th>Degree of Change</th>
<th>Revisions</th>
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| UM_OTH 20   | Spravato (esketamine) | New             | • FDA approved for treatment-resistant depression in adults  
• Requires prior inadequate response to multiple antidepressants  
• Only available at treatment centers under the supervision of a Psychiatrist certified by FDA regulated REMS (Risk Evaluation and Mitigation Strategy) program. |
| UM_BH 07   | Behavioral Health Home Base Services | New | • Requires either a referral by a physician OR meeting criteria on the Screening Form  
• 18 years of age or older  
• Requires that travel outside of home is contraindicated because of a medical and/or mental health condition.  
• Must have a persistently poor self-management or inconsistent treatment history  
• Must be able to cognitively engage in treatment and adhere to treatment goals |
| UM_OTH 14 | Hepatitis C-Center of Excellence (COE) Admission Criteria | Minor | • List of specific facilities has been removed  
• Formulary treatment regimen is periodically reviewed by the IEHP Pharmacy and Therapeutics Subcommittee |
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| UM_BH 05    | Behavioral Health Treatment Services             | Retired          | • UM Subcommittee Guideline is based on DHCS All Plan Letter 18-006  
• Recommend retiring UM Subcommittee guideline and replace with DHCS All Plan Letter 18-006, Responsibilities for Behavioral Health Treatment Coverage for Members Under the Age of 21 |
| UM_DME 02   | Binaural (Analog or Digital) Hearing Aids        | Retired          | • Medicare does not cover hearing aids  
• Medi-Cal covers hearing aids but does not provide criteria  
• Apollo Guideline includes criteria for air conduction hearing aids  
• Recommend retiring the current UM Subcommittee Guideline and replacing with Apollo DM 173 Hearing Aids: External, Bone-Anchored (BAHA) and Implantable |
| UM_DIA 16   | Video Electroencephalogram (EEG)                | Retired          | • Indications outlined in MCG guideline are similar to that of UM subcommittee guideline but go into more detail regarding clinical indications.  
• Recommend retiring the current UM Subcommittee Guideline and replacing with MCG M-580 EEG, Video Monitoring |
| UM_DIA 12   | Magnetic Resonance Spectroscopy (MRS)            | Retired          | • UM Subcommittee Guideline considers MRS to be investigational and not medically necessary  
• MCG cites more recent information that MRS may be indicated for differentiating current or residual brain neoplasm from post-therapy change or non neoplastic lesions  
• Recommend retiring the current UM Subcommittee Guideline and replacing with MCG A-0482 Magnetic Resonance Spectroscopy |

You may access these and all other authorization guidelines through the Provider portal.

**Location:** [www.iehp.org](http://www.iehp.org) > For Providers > Provider Resources > Utilization Management Criteria

As a reminder, all communications sent by IEHP can also be found on the Provider portal:

**Location:** [www.iehp.org](http://www.iehp.org) > For Providers > Plan Updates > Correspondence

If you have any questions, please do not hesitate to contact the IEHP Provider Relations Team at (909) 890-2054.