



IEHP UM Subcommittee Approved Authorization Guideline			
Guideline	Recuperative Care	Guideline #	UM_CSS 10
		Original Effective Date	1/1/2022
Section	Community Support Services	Revision Date	

COVERAGE POLICY

- A. Recuperative care is primarily used for those Members who are experiencing homelessness or those with unstable living situations who are too ill or frail to recover from an illness (physical or behavioral health) or injury in their usual living environment but are not otherwise ill enough to be in a hospital.
- B. Short term recuperative care provides Members who do not have a residence and who have high medical or behavioral health needs with the opportunity to continue their recovery immediately after being discharged from an inpatient (either acute, psychiatric, or chemical dependency) admission.
- C. At a minimum, the service will include interim housing with a bed and meals and ongoing monitoring of the individual’s ongoing medical or behavioral health condition (e.g., monitoring of vital signs, assessments, wound care, medication monitoring). Based on individual needs, the service may also include:
 - 1. Limited or short-term assistance with instrumental activities of daily living (IADLs) and/or activities of daily living (ADLs)
 - 2. Coordination of transportation to post-discharge appointments
 - 3. Connection to any other ongoing services an individual may require, including mental health and substance use disorder services
 - 4. Support in accessing benefits and housing
 - 5. Gaining stability with case management relationships and programs
- D. Whenever possible, other housing community support services should be provided to Members on-site in the recuperative care facility.
- E. Services provided should utilize best practices (e.g., Housing First, Harm Reduction, Progressive Engagement, Motivational Interviewing, and Trauma Informed Care) for Members who are experiencing homelessness and have complex health, disability, and/or behavioral health conditions.
- F. Eligibility requirements for Recuperative Care:
 - 1. Individuals who are at risk of hospitalization or are post-hospitalization AND
 - a. Live alone with no formal supports OR
 - b. Face housing insecurity or have housing that would jeopardize their health and safety without modification. This service could be coordinated with home modifications (covered in the UM Subcommittee Approved Authorization Guideline, Environmental Accessibility Adaptations [Home Modifications]).

COVERAGE LIMITATIONS AND EXCLUSIONS

Recuperative Care may be utilized in conjunction with other housing Community Supports Services.

Recuperative care/medical respite is an allowable community support service if it is:

1. necessary to achieve or maintain medical stability and prevent hospital admission or re-admission which may require behavioral health interventions,
2. not more than 90 days in continuous duration, and
3. does not include funding for building modification or building rehabilitation.

Services provided while in recuperative care should not replace or be duplicative of the services provided to Members utilizing the enhanced care management program.

ADDITIONAL INFORMATION

N/A

CLINICAL/REGULATORY RESOURCE

CalAIM is an initiative by the Department of Health Care Services (DHCS) to improve the quality of life and health outcomes of Medi-Cal beneficiaries. A key feature of CalAIM is the introduction of a menu of In Lieu of Services (ILOS), medically appropriate and cost-effective alternatives to services covered under the State Plan. Federal regulation allows states to permit Medicaid managed care organizations to offer ILOS as an option to Members (Code of Federal Regulations).

DEFINITION OF TERMS

Homelessness (Code of Federal Regulations):

1. An individual or family who:
 - a. Has an annual income below 30 percent of median family income for the area, as determined by HUD
 - b. Does not have sufficient resources or support networks, e.g., family, friends, faith-based or other social networks, immediately available to prevent them from moving to an emergency shelter or a supervised publicly or privately operated shelter designed to provide temporary living accommodations and meets one of the following conditions:
 - i. Has moved because of economic reasons two or more times during the sixty days immediately preceding the application for homelessness prevention assistance
 - ii. Is living in the home of another because of economic hardship
 - iii. Has been notified in writing that their right to occupy their current housing or living situation will be terminated within twenty-one days after the date of application for assistance
 - c. Lives in a hotel or motel and the cost of the hotel or motel is not paid by charitable organizations or by federal, State or local government programs for low-income individuals
 - d. Lives in a single-room occupancy or efficiency apartment unit in which there reside more than two persons or lives in a larger housing unit in which there reside more than 1.5 people per room, as defined by the US Census Bureau

- e. Is exiting a publicly-funded institution or system of care such as a health care facility, mental health facility, foster care or other youth facility or correction program or institution
 - f. Otherwise lives in housing that has characteristics associated with instability and an increased risk of homelessness as identified in the recipient’s approved consolidated plan.
2. A child or youth who does not qualify as homeless under this section but qualifies as homeless under section 387(3) of the Runaway and Homeless Youth Act (42 United State Code 5732a (3)), section 637(11) of the Head Start Act (42 U.S. Code 9832(11)), section 41403(6) of the Violence Against Women Act of 1994 (42 U.S. Code 14043e-2(6)), section 330 (h)(5)(A) of the Public Health Service Act (42 U.S. Code 254b(h)(5)(A)), section 3(m) of the Food and Nutrition Act of 2008 (7 U.S. Code 2012 (m)), or section 17(b)(15) of the Child Nutrition Act of 1966 (42 U.S. Code 1786(b)(15)) or
 3. A child or youth who does not qualify as homeless under this section but qualifies as homeless under section 725(2) of the McKinney-Vento Homeless Assistance Act (42 U.S. Code 11434a(2)) and the parent(s) or guardian(s) of that child or youth is living with her or him.
 4. Individuals who are determined to be at risk of experiencing homelessness are eligible to receive Housing Transition Navigation services if they have significant barriers to housing stability and meet at least one of the following:
 - a. Have one or more serious chronic conditions
 - b. Have a serious mental illness
 - c. Are at risk of institutionalization or overdose or are requiring residential services because of a substance use disorder or have a serious emotional disturbance (children and adolescents)
 - d. Are receiving Enhanced Care Management
 - e. Are Transition-Age Youth with significant barriers to housing stability such as one or more convictions, a history of foster care, involvement with the juvenile justice or criminal justice system and/or have serious mental illness and/or are children or adolescents with serious emotional disturbance and/or who have been victims of trafficking or domestic violence.

Recuperative Care/Medical Respite – post-acute medical care for homeless persons who are too ill or frail to recover from a physical illness or injury on the streets but are not ill enough to be in a hospital.

REFERENCES

Code of Federal Regulations, Title 24, Housing and Urban Development, Part 91 - Consolidated Submissions for Community Planning and Development Programs, Subpart A - General, Section 91.5-Definitions. <https://www.govinfo.gov/content/pkg/CFR-2005-title24-vol1/pdf/CFR-2005-title24-vol1-sec91-5.pdf> Accessed November 18, 2021.

Code of Federal Regulations, Title 42, Part 438-Managed Care, Subpart A-General Provisions, Section 438.3(3)(2). <https://www.ecfr.gov/current/title-42/chapter-IV/subchapter-C/part-438>. Accessed November 19, 2021.

State of California-Health and Human Services Agency, Department of Health Care Services, 2021. Medi-Cal In Lieu of Services (ILOS) Policy Guide, III. In Lieu of Services-Service

Definitions.

DISCLAIMER

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