



FLEXIBLE CARE CHOICES: COMMUNITY SUPPORTS

Many members have used supportive care with Inland Empire Health Plan (IEHP). To learn more, call IEHP Member Services or talk to your doctor or clinic staff.

FLEXIBLE CARE CHOICES:

Community Supports

WHAT ARE COMMUNITY SUPPORTS?

Inland Empire Health Plan (IEHP) offers Community Supports, which are special care options. These may be offered (instead of state plan-covered services) to qualified members at medium to high levels of risk.

Community Supports can help you remain healthy, reduce complications from illnesses, and avoid unnecessary stays in the hospital, nursing facilities, and emergency departments.

You may find that Community Supports with IEHP can help during a transition in housing or care. If you need help managing your health, IEHP's Community Supports might be the right choice.



WHEN YOU NEED EXTRA CARE

IEHP's Community Supports are open to any Medi-Cal or IEHP DualChoice Plan member who needs supportive care. Community Supports may nurture your whole health—to care for your body and mind.

Members who could benefit from Community Supports may be:

- ♥ Facing times without housing
- ♥ Struggling to get food for their loved ones
- ♥ Having asthma issues and need changes to their living space



HOW YOUR CARE TEAM CAN HELP YOU

If you can be helped by Community Supports, you may get a care team that can assist in identifying your needs. Then they coordinate **no-cost services**. This includes finding resources for housing, care after leaving the hospital, and dealing with asthma at home.

WHO MAY BE ON YOUR CARE TEAM:

- ♥ Nurse care manager
- ♥ Behavioral health care manager
- ♥ Care coordinator
- ♥ Community health worker

SUPPORT WHEN YOU NEED IT

Your care team can assist you by phone or in person, and they can even meet you at your location. You are not alone with IEHP's Community Supports.

WHAT COMMUNITY SUPPORTS ARE OFFERED?

- ♥ Housing Services (to ease transition into the community from a hospital or nursing facility)
- ♥ After-Hospital Care
- ♥ Resources to Make Your Home Safe
- ♥ Meals to Maintain Health (includes meals for medical conditions)
- ♥ Recuperative Care
- ♥ Nursing Facility Transition
- ♥ Contacting Assisted Living Facilities
- ♥ Asthma Care (includes services to adjust your living space to reduce asthma triggers)

IEHP's Community Supports care options started in January 2022

