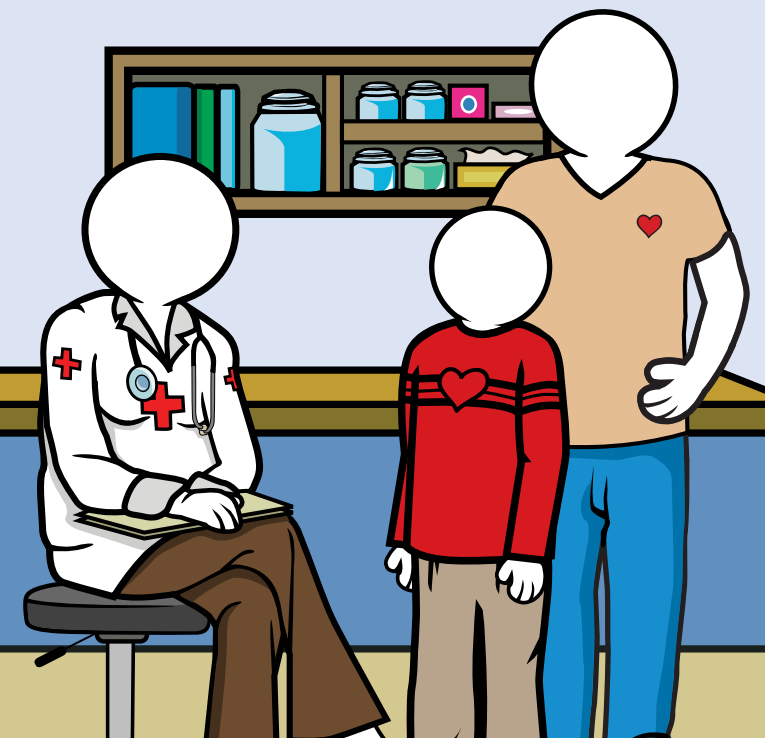


IEHP GENDER HEALTH

IEHP GENDER HEALTH

FOR PARENTS & CHILDREN UNDER 18



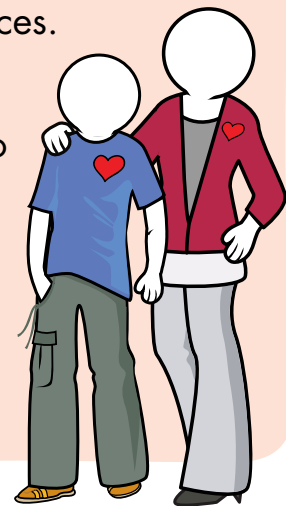
YOUR CHILD IS NOT ALONE

Does your child identify as Transgender or Gender Diverse?

Your child is not alone. The transgender and gender diverse population of the Inland Empire is about 27,000 people.* At Inland Empire Health Plan (IEHP), we want your child to get the care they need with the respect they deserve.

DID YOU KNOW?

- ♥ IEHP covers all medically necessary Medi-Cal-covered gender health services.
- ♥ IEHP has Doctors and Specialists who have experience in gender health services. Call IEHP Member Services to find out more.



TIPS FOR PARENTS

Set up regular visits with your child's IEHP Primary Care Doctor

- ♥ If your child has not seen their Doctor yet, or in a long time, set up a visit today. Their Doctor knows their health history and helps make sure they get the care they need.
- ♥ Their Doctor can also refer them to Specialists. This includes any gender health options that are medically needed.
- ♥ Join your child at Doctor visits. Discuss with their Doctor your child's treatment goals, and be sure to allow them to express their feelings, too.
- ♥ Remember, you can change your child's IEHP Doctor at any time.

BENEFITS

Talk to your Doctor about these gender health benefits:

- ♥ Behavioral Health Services
- ♥ Hormone Replacement Therapy
- ♥ **Surgeries and Procedures** (18 years and older)

IEHP also provides non-clinical resources, such as:

- ♥ Care Coordination
- ♥ Community & Legal Resources
- ♥ Demographic updates



TIPS FOR CHILDREN/ YOUNG ADULTS

If talking about gender health is hard for you, try writing it down.

- ♥ Ask your Doctor about behavioral health services, hormone treatments or surgery.
- ♥ Be an active part in your health care. Check out local support groups. Visit www.iehp.org/genderhealth or call IEHP Member Services.

*Inland Empire Transgender Health & Wellness Profile (February 2017). Riverside University Health System - Public Health.

IEHP complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-440-4347 (TTY: 1-800-718-4347). IEHP cumple con las leyes Federales aplicables de derechos civiles y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o género. ATENCIÓN: Si habla español u otro idioma diferente al inglés, le ofrecemos los servicios gratuitos de un intérprete de idiomas. Llame al 1-800-440-4347 o al 1-800-718-4347 (TTY). IEHP遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-440-4347 (TTY: 1-800-718-4347)。