Coverage for: All Covered Members | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://www.iehp.org">www.iehp.org</a> or call 1-855-433-4347 For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or www.iehp.org or call 1-855-433-4347 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Preventive care and services indicated in chart starting on Page 2.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u> <u>services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,200/individual, \$18,400/family	The <u>out-of-pocket limit is</u> the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of preferred providers, visit www.iehp.org or call 1-855-433-4347.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider might</u> use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. Requires written <u>prior</u> <u>authorization</u> .	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .

	Services You May Need	What You Will Pay			
Common Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$40 <u>copayment</u> /visit	Not covered	None.	
If you visit a health care provider's office or clinic	Specialist visit	\$70 copayment/visit	Not covered	Requires <u>prior authorization</u> .	
	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	\$75 <u>copayment</u> /visit (x-ray), \$40 <u>copayment</u> /visit (blood work)	Not covered	Requires physician order.	
	Imaging (CT/PET scans, MRIs)	\$75 <u>copayment</u> /visit	Not covered	Requires prior authorization.	
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at www.iehp.org.	Tier 1 - Generic drugs	\$18 <u>copayment</u> (retail), \$36 <u>copayment</u> (mail order)	Not covered	Supply/order: up to 30-day (retail); 30-100 day (mail order), except where quantity limits apply. Prior authorization is required for select drugs.	
	Tier 2 - Preferred brand drugs	\$60 <u>copayment</u> (retail), \$120 <u>copayment</u> (mail order),	Not covered		
	Tier 3- Non-preferred brand drugs	\$85 <u>copayment</u> (retail), \$170 <u>copayment</u> (mail order)	Not covered		
	Tier 4 - <u>Specialty drugs</u>	20% coinsurance up to \$250 per prescription	Not covered	Prior authorization is required for select drugs. Quantity limits may apply to select drugs. Supply/order: up to a 30-day supply filled by specialty pharmacy.	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>www.iehp.org</u>

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$130 copayment	Not covered	Requires prior authorization.	
surgery	Physician/surgeon fees	\$60 <u>copayment</u>	Not covered	None.	
If you need immediate	Emergency room care	\$350 <u>copayment</u> /visit, ER Physician-No charge	\$350 <u>copayment</u> /visit, ER Physician-No charge	Copayment waived if admitted into the hospital. Out-of-network services must meet the criteria for emergency care.	
medical attention	Emergency medical transportation	\$250 <u>copayment</u> / transport	\$250_copayment/ transport	Out-of-network services must meet the criteria for emergency care.	
	<u>Urgent care</u>	\$40 copayment/visit	\$40 copayment/visit	Out-of-network <u>Urgent care</u> services are covered while you are out of the service area.	
If you have a hospital	Facility fee (e.g., hospital room)	\$375 <u>copayment/</u> day	Not covered	Requires <u>prior authorization</u> . <u>Copayment</u> applies up to 5 days.	
stay	Physician/surgeon fees	No Charge	Not covered	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit-individual therapy session \$40 copayment/visit; group therapy session - \$20 copayment/visit Other than office visit \$40 copayment/visit	Not covered	Requires <u>prior authorization</u> except for the initial behavioral health assessment.	
	Inpatient services	\$375 <u>copayment/</u> day	Not covered	Requires <u>prior authorization</u> . <u>Copayment</u> applies up to 5 days.	
If you are pregnant	Office visits	Prenatal-No charge Postnatal-\$40 <u>copayment</u> /visit	Not covered	Cost sharing does not apply for preventive services.	
	Childbirth/delivery professional services	No Charge	Not covered	Coverage includes abortion services.	
	Childbirth/delivery facility services	\$375 <u>copayment/</u> day	Not covered	Coverage includes abortion services.  Copayment applies up to 5 days.	
If you need help	Home health care	\$30 <u>copayment</u> /visit	Not covered	Limited to 100 visits each calendar year. Requires <u>prior authorization.</u>	
recovering or have other special health needs	Rehabilitation services Habilitation services	\$40 <u>copayment</u> /visit \$40 <u>copayment</u> /visit		Requires <u>prior authorization</u> . Requires <u>prior authorization</u> .	

<sup>\*</sup> For more information about limitations and exceptions, see the  $\underline{\text{plan}}$  or policy document at  $\underline{\text{www.iehp.org}}$ 

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Skilled nursing care	\$ 150 copayment/day	Not covered	Limited to 100 days per calendar year.  Copayment applies up to 5 days. Requires prior authorization.	
	Durable medical equipment	20% coinsurance	Not covered	Requires prior authorization.	
	Hospice services	No charge	Not covered	Requires prior authorization.	
	Children's eye exam	No charge	Not covered	Limited to 1 visit per year.	
If your child needs dental	Children's glasses	No charge	Not covered	Selected frames; 1 per calendar year; contact lenses covered in lieu of glasses	
or eye care	Children's dental check-up	No charge	Not covered	1 routine preventive exam/6 months	

#### **Excluded Services & Other Covered Services:**

### Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Chiropractic care
- Cosmetic Surgery
- Dental care (adults)
- Hearing aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (adult)
  - Routine foot care
  - Weight loss programs (exclusion does not apply to preventive care behavioral interventions)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Abortion services

Acupuncture

Bariatric surgery

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- Department of Labor's Employee Benefits Security Administration: 1-866-444-EBSA (3272) or visit <a href="https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa">https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</a>
- California Department of Managed Health Care: 1-888-466-2219 or TDD line 1-877-688-9891 for the hearing and speech impaired or visit <a href="https://www.dmhc.ca.gov">www.dmhc.ca.gov</a>.
- Office of Personnel Management Multi-State Plan Program: <a href="https://www.opm.gov/healthcare-insaurance/multi-state-plan-program/consumer/">https://www.opm.gov/healthcare-insaurance/multi-state-plan-program/consumer/</a>

Other coverage options may be available to you, too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

• IEHP at 1-855-433-4347 (TTY 711), Monday-Friday, 8:00am to 6:00pm PST. Give your Member ID number, your name and the reason for your complaint.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.iehp.org

• By mail: Call IEHP at 1-855-433-4347 (TTY 711), Monday-Friday, 8:00am to 6:00pm PST, and ask to have a form sent to you. When you get the form, fill it out. Be sure to include your name, Member ID number and the reason for your complaint. Tell us what happened and how we can help you. Mail the form to:

**IEHP** 

Attention: Grievance and Appeals Department

P.O. Box 1800

Rancho Cucamonga, CA 91729-1800

- Your doctor's office will have complaint forms available.
- Online: visit the IEHP website at www.iehp.org

Additionally, a consumer assistance program can help you file your appeal. Contact the California Department of Managed Health Care at the contact information provided above.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-433-4347 (TTY 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-433-4347 (TTY 711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-855-433-4347 (TTY 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-855-433-4347 (TTY 711).

## To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at www.iehp.org

## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

**\$0** 

\$70

\$40

\$375/day

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The p	<u>lan's</u>	overall	<u>deductible</u>	
•	40.00	4 1	•	

Specialist cost sharing
 Hospital (facility) cost sharing
 \$375/day

Hospital (facility) cost sharingOther cost sharing

\$40

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700		
In this example, Peg would pay:			
Cost Sharing			
Deductibles	\$0		
Copayments	\$1,100		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$60		
The total Peg would pay is	\$1,160		

# **Managing Joe's Type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible

■ Specialist cost sharing

■ Hospital (facility) cost sharing

Other <u>cost sharing</u>

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
Copayments	\$1500		
Coinsurance	\$200		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$1,720		

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>

■ Specialist cost sharing \$70

■ Hospital (facility) cost sharing

Other cost sharing

\$375/day

\$0

\$40

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies) Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$0		
<u>Copayments</u>	\$1,300		
<u>Coinsurance</u>	\$50		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$1,350		

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.