



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE:** Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.iehp.org or call 1-855-433-4347. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or www.iehp.org or call 1-855-433-4347 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$0	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care and services indicated in chart starting on Page 2.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan ?	\$5,000/individual, \$10,000/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. For a list of preferred providers, visit www.iehp.org or call 1-855-433-4347.	This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	Yes. Requires written prior authorization .	This plan will pay some or all of the costs to see a specialist for covered services but only if you have a referral before you see the specialist .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	No charge	\$15 copayment /visit	Not covered	Cost-sharing waived at non-IHCP with IHCP referral .
	Specialist visit	No charge	\$30 copayment /visit	Not covered	Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
	Preventive care/screening/immunization	No charge	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	\$30 copayment /visit (x-ray), \$15 copayment / visit (blood work)	Not covered	Requires physician order. Cost-sharing waived at non-IHCP with IHCP referral .
	Imaging (CT/PET scans, MRIs)	No charge	\$75 copayment /visit	Not covered	Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.iehpc.org .	Tier 1 - Generic drugs	No charge	\$9 copayment (retail), \$18 copayment (mail order)	Not covered	Supply/order: up to 30-day (retail); 30-100 day (mail order), except where quantity limits apply. Prior authorization is required for select drugs. Cost-sharing waived at non-IHCP with IHCP referral .
	Tier 2 - Preferred brand drugs	No charge	\$16 copayment (retail), \$32 copayment (mail order)	Not covered	
	Tier 3- Non-preferred brand drugs	No charge	\$25 copayment (retail), \$50 copayment (mail order)	Not covered	
	Tier 4 - Specialty drugs	No charge	10% coinsurance up to \$250 per prescription	Not covered	Prior authorization is required for select drugs. Quantity limits may apply to select drugs. Supply/order: up to a 30-day supply filled by specialty pharmacy. Cost-sharing

* For more information about limitations and exceptions, see the [plan](#) or policy document at [www.iehpc.org](#)

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
					waived at non-IHCP with IHCP referral .
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	\$75 copayment	Not covered	Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
	Physician/surgeon fees	No charge	\$20 copayment	Not covered	Cost-sharing waived at non-IHCP with IHCP referral .
If you need immediate medical attention	Emergency room care	No charge	\$175 copayment /visit, ER Physician-No charge	\$175 copayment /visit, ER Physician-No charge	Copoly waived if admitted into the hospital. Out-of-network services must meet the criteria for emergency care. Cost-sharing waived at non-IHCP with IHCP referral .
	Emergency medical transportation	No charge	\$150 copayment / transport	\$150 copayment / transport	Out-of-network services must meet the criteria for emergency care. Cost-sharing waived at non-IHCP with IHCP referral .
	Urgent care	No charge	\$15 copayment /visit	\$15 copayment /visit	Out-of-network Urgent care services are covered while you are out of the service area. Cost-sharing waived at non- IHCP with IHCP referral .
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	\$225 copayment /day	Not covered	Requires prior authorization . Copoly applies up to 5 days. Cost-sharing waived at non-IHCP with IHCP referral .
	Physician/surgeon fees	No charge	No charge	Not covered	Cost-sharing waived at non-IHCP with IHCP referral .
If you need mental health, behavioral health, or substance abuse services	Outpatient services	No charge	Office visit-individual therapy session \$15 copayment /visit; group therapy session - \$7.50	Not covered	Requires prior authorization except for the initial behavioral health assessment. Cost-sharing waived at non-IHCP

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.iehp.org

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services			copayment /visit Other than office visit \$15 copayment /visit		with IHCP referral .
	Inpatient services	No charge	\$225 copayment /day	Not covered	Requires prior authorization . Copayment applies up to 5 days. Cost-sharing waived at non-IHCP with IHCP referral .
If you are pregnant	Office visits	No charge	Prenatal-No charge Postnatal-\$15 copayment /visit	Not covered	Cost sharing does not apply for preventive services . Cost-sharing waived at non-IHCP with IHCP referral .
	Childbirth/delivery professional services	No charge	No charge.	Not covered	Coverage includes abortion services. Cost-sharing waived at non-IHCP with IHCP referral .
	Childbirth/delivery facility services	No charge	\$225 copayment /day	Not covered	Coverage includes abortion services. Copay applies up to 5 days. Cost-sharing waived at non-IHCP with IHCP referral .
If you need help recovering or have other special health needs	Home health care	No charge	\$20 copayment /visit	Not covered	Limited to 100 visits each calendar year. Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
	Rehabilitation services	No charge	\$15 copayment /visit	Not covered	Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
	Habilitation services	No charge	\$15 copayment /visit	Not covered	Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
	Skilled nursing care	No charge	\$125 copayment /day	Not covered	Limited to 100 days per calendar year. Requires prior authorization . Copay applies up to 5 days. Cost-sharing

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Indian Health Care Provider (IHCP) (You will pay the least)	Non-IHCP In-Network Provider (You will pay more)	Non-IHCP Out-of-Network Provider (You will pay the most)	
					waived at non-IHCP with IHCP referral .
	Durable medical equipment	No charge	10% coinsurance	Not covered	Requires prior authorization . Cost-sharing waived at non-IHCP with IHCP referral .
	Hospice services	No charge	No charge	Not covered	Requires prior authorization .
If your child needs dental or eye care	Children's eye exam	No charge	No charge	Not covered	Limited to 1 visit per year.
	Children's glasses	No charge	No charge	Not covered	Selected frames; 1 per calendar year; contact lenses covered in lieu of glasses
	Children's dental check-up	No charge	No charge	Not covered	1 routine preventive exam/6 months

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- | | | |
|---|---|--|
| <ul style="list-style-type: none"> • Chiropractic care • Cosmetic Surgery • Dental care (adults) • Hearing aids | <ul style="list-style-type: none"> • Infertility treatment • Long-term care • Non-emergency care when traveling outside the U.S. | <ul style="list-style-type: none"> • Private-duty nursing • Routine eye care (adult) • Routine foot care • Weight loss programs (exclusion does not apply to preventive care behavioral interventions) |
|---|---|--|

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- | | | |
|---------------------|---------------|---------------------|
| • Abortion services | • Acupuncture | • Bariatric surgery |
|---------------------|---------------|---------------------|

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is:

- Department of Labor's Employee Benefits Security Administration: 1-866-444-EBSA (3272) or visit <https://www.dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa>
- California Department of Managed Health Care: 1-888-466-2219 or TDD line 1-877-688-9891 for the hearing and speech impaired or visit www.dmhc.ca.gov.
- Office of Personnel Management Multi-State Plan Program: <https://www.opm.gov/healthcare-insurance/multi-state-plan-program/consumer/>

Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

* For more information about limitations and exceptions, see the [plan](#) or policy document at www.iehp.org

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact:

- IEHP at 1-855-433-4347 (TTY 711), Monday-Friday, 8:00am to 6:00pm PST. Give your Member ID number, your name and the reason for your complaint.
- By mail: Call IEHP at 1-855-433-4347 (TTY 711), Monday-Friday, 8:00am to 6:00pm PST, and ask to have a form sent to you. When you get the form, fill it out. Be sure to include your name, Member ID number and the reason for your complaint. Tell us what happened and how we can help you.

Mail the form to:

IEHP

Attention: Grievance and Appeals Department

P.O. Box 1800

Rancho Cucamonga, CA 91729-1800

- Your doctor's office will have complaint forms available.
- Online: visit the IEHP website at www.iehp.org

Additionally, a consumer assistance program can help you file your appeal. Contact the California Department of Managed Health Care at the contact information provided above.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Not Applicable

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-855-433-4347 (TTY 711).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-855-433-4347 (TTY 711).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-855-433-4347 (TTY 711).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-855-433-4347 (TTY 711).

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist cost sharing	\$30
■ Hospital (facility) cost sharing	\$225/day
■ Other cost sharing	\$15

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$600
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$660

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist cost sharing	\$30
■ Hospital (facility) cost sharing	\$225/day
■ Other cost sharing	\$15

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$600
Coinsurance	\$80
<i>What isn't covered</i>	
Limits or exclusions	\$20
The total Joe would pay is	\$700

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist cost sharing	\$30
■ Hospital (facility) cost sharing	\$225/day
■ Other cost sharing	\$15

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$700
Coinsurance	\$20
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$720

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.