



Want to avoid the hospital?

Get the care you need at a nearby **Community-Based Adult Services (CBAS)** center.



What is a CBAS center?

A CBAS center is a place where select IEHP members can get:

- Professional nursing services and monitoring
- Physical, occupational and speech therapies
- Mental and behavioral health services
- Social services
- Personal care
- Healthy meals
- Transportation to and from the center

Do you qualify?

CBAS is for IEHP members who tend to:

- Be in poor health
- Visit the ER often
- Need help with daily activities
- Have no family or caregiver available for help
- Lack awareness or have confusion

Questions?



Give us a call at **1-800-440-IEHP (4347)**, Monday-Friday, 7am-7pm, and Saturday-Sunday, 8am-5pm. TTY users should call **1-800-718-4347**.

IEHP providers can fax referrals to **909-890-5751**.