



Non-Specialty Mental Health Services (NSMHS): Utilization Assessment

Utilization Data Lookback: 11/15/2023-11/15/2024

Total Member Count of Members with Disability	
Category	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	142,203
Psychiatric consultation	71,741
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	35,505

Total Member Count by Age Band		
Category	Age Band	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	0-10	12,492
Mental health evaluation and treatment, including individual, group, and family psychotherapy	11-20	32,616
Mental health evaluation and treatment, including individual, group, and family psychotherapy	21-30	27,687
Mental health evaluation and treatment, including individual, group, and family psychotherapy	31-40	25,951
Mental health evaluation and treatment, including individual, group, and family psychotherapy	41-50	16,846
Mental health evaluation and treatment, including individual, group, and family psychotherapy	51-60	14,947
Mental health evaluation and treatment, including individual, group, and family psychotherapy	61-70	9,562
Mental health evaluation and treatment, including individual, group, and family psychotherapy	71-80	1,465
Mental health evaluation and treatment, including individual, group, and family psychotherapy	81-90	516
Mental health evaluation and treatment, including individual, group, and family psychotherapy	91-100	113
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Over 100	8
Psychiatric consultation	0-10	8,657
Psychiatric consultation	11-20	14,852
Psychiatric consultation	21-30	14,366
Psychiatric consultation	31-40	13,529
Psychiatric consultation	41-50	8,236
Psychiatric consultation	51-60	6,927
Psychiatric consultation	61-70	4,055
Psychiatric consultation	71-80	707
Psychiatric consultation	81-90	320
Psychiatric consultation	91-100	91
Psychiatric consultation	Over 100	1
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	0-10	12,225
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	11-20	5,500
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	21-30	3,983
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	31-40	3,946
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	41-50	2,976
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	51-60	3,172
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	61-70	2,529
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	71-80	736
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	81-90	360
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	91-100	76
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Over 100	2



Total Member Count by Language		
Category	Language	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Arabic	5
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Chinese	534
Mental health evaluation and treatment, including individual, group, and family psychotherapy	English	116,057
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Korean	1
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Punjabi	1
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Spanish	25,444
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Vietnamese	161
Psychiatric consultation	Arabic	3
Psychiatric consultation	Chinese	111
Psychiatric consultation	English	61,511
Psychiatric consultation	Korean	1
Psychiatric consultation	Spanish	10,081
Psychiatric consultation	Vietnamese	34
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Arabic	3
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Chinese	66
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	English	30,422
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Korean	1
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Spanish	4,962
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Vietnamese	51

Total Member Count by Race		
Category	Race	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Not Specified	140,021
Mental health evaluation and treatment, including individual, group, and family psychotherapy	American Indian or Alaska Native	56
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Asian	104
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Black or African American	333
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Native Hawaiian or Other Pacific Islander	26
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Not Specified	72
Mental health evaluation and treatment, including individual, group, and family psychotherapy	White	1,160
Psychiatric consultation	Not Specified	70,396
Psychiatric consultation	American Indian or Alaska Native	35
Psychiatric consultation	Asian	41
Psychiatric consultation	Black or African American	211
Psychiatric consultation	Native Hawaiian or Other Pacific Islander	9
Psychiatric consultation	Some other race	273
Psychiatric consultation	White	776
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Not Specified	34,955
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	American Indian or Alaska Native	13
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Asian	22
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Black or African American	87
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Native Hawaiian or Other Pacific Islander	5
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Some other race	129
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	White	294



Total Member Count by Ethnicity		
Category	Ethnicity	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Hispanic	80,815
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Caucasian	28,935
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Black	11,566
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Other Race or Ethnicity	2,264
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Asian or Pacific Islander	1,036
Mental health evaluation and treatment, including individual, group, and family psychotherapy	American Indian or Alaskan Native	281
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Not Provided	1
Psychiatric consultation	Hispanic	38,590
Psychiatric consultation	Caucasian	16,668
Psychiatric consultation	Black	6,506
Psychiatric consultation	Other Race or Ethnicity	975
Psychiatric consultation	Asian or Pacific Islander	345
Psychiatric consultation	American Indian or Alaskan Native	174
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Hispanic	17,547
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Caucasian	7,424
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Black	2,870
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Other Race or Ethnicity	770
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Asian or Pacific Islander	241
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	American Indian or Alaskan Native	94

Total Member Count by Gender Identity		
Category	Gender Identity	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Information is Unavailable	138,794
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Additional gender category or other	25
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Choose not to disclose	46
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Female	2,273
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Genderqueer, neither exclusively male nor female	40
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Male	939
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Transgender female/trans woman/male-to-female (MTF)	34
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Transgender male/trans man/female-to-male (FTM)	52
Psychiatric consultation	Information is Unavailable	69,614
Psychiatric consultation	Additional gender category or other	20
Psychiatric consultation	Choose not to disclose	30
Psychiatric consultation	Female	1,342
Psychiatric consultation	Genderqueer, neither exclusively male nor female	28
Psychiatric consultation	Male	638
Psychiatric consultation	Transgender female/trans woman/male-to-female (MTF)	33
Psychiatric consultation	Transgender male/trans man/female-to-male (FTM)	36
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Information is Unavailable	34,739
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Additional gender category or other	7
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Choose not to disclose	12
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Female	491
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Genderqueer, neither exclusively male nor female	6
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Male	235
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Transgender female/trans woman/male-to-female (MTF)	5
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Transgender male/trans man/female-to-male (FTM)	10



Total Member Count by Sexual Orientation		
Category	Sexual Orientation	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Information is Unavailable	138,950
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Bisexual	132
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Choose not to disclose	189
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Don't Know	37
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Lesbian, gay, or homosexual	155
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Pansexual	52
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Something Else	33
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Straight or heterosexual	2,655
Psychiatric consultation	Information is Unavailable	69,725
Psychiatric consultation	Bisexual	96
Psychiatric consultation	Choose not to disclose	124
Psychiatric consultation	Don't Know	26
Psychiatric consultation	Lesbian, gay, or homosexual	133
Psychiatric consultation	Pansexual	47
Psychiatric consultation	Something Else	18
Psychiatric consultation	Straight or heterosexual	1,572
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Information is Unavailable	34,771
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Bisexual	18
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Choose not to disclose	44
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Don't Know	4
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Lesbian, gay, or homosexual	32
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Pansexual	12
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Something Else	6
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental he	Straight or heterosexual	618