



Non-Specialty Mental Health Services (NSMHS) : Utilization Assessment

Utilization Data Lookback: 11/15/2023 - 11/15/2024

Total Member Count by NSMHS Category	
Category	Total Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	141,905
Psychiatric consultation	71,616
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	35,433

Total Claim Count by NSMHS Category	
Category	Total Unique Claims
Mental health evaluation and treatment, including individual, group, and family psychotherapy	936,888
Psychiatric consultation	105,995
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	97,983

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Procedure Category and Ethnicity Breakdown		
Category	Ethnicity	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Hispanic	80,591
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Caucasian	29,088
Mental health evaluation and treatment, including individual, group, and family psychotherapy	FAME Ethnic Codes (No Valid Data Reported. Generated by MEDS)	13,125
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Black	11,573
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Other Race or Ethnicity	2,244
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Asian or Pacific Islander	1,068
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Filipino	1,028
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Chinese	863
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Asian Indian	653
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Vietnamese	598
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Korean	336
Mental health evaluation and treatment, including individual, group, and family psychotherapy	American Indian or Alaskan Native	269
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Cambodian	161
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Somoan	104
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Japanese	60
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Laotian	58
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Hawaiian	51
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Guamanian	31
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Hmong	2
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Not Provided	1
Mental health evaluation and treatment, including individual, group, and family psychotherapy	FAME Ethnic Code 'A' (Amerasian)	1
Psychiatric consultation	Hispanic	38,560
Psychiatric consultation	Caucasian	16,749
Psychiatric consultation	FAME Ethnic Codes (No Valid Data Reported. Generated by MEDS)	6,903
Psychiatric consultation	Black	6,558
Psychiatric consultation	Other Race or Ethnicity	1,003
Psychiatric consultation	Filipino	451
Psychiatric consultation	Asian or Pacific Islander	356
Psychiatric consultation	Chinese	247
Psychiatric consultation	Asian Indian	182
Psychiatric consultation	Vietnamese	171
Psychiatric consultation	American Indian or Alaskan Native	168
Psychiatric consultation	Korean	100
Psychiatric consultation	Cambodian	55
Psychiatric consultation	Somoan	29
Psychiatric consultation	Japanese	24
Psychiatric consultation	Laotian	23
Psychiatric consultation	Hawaiian	21
Psychiatric consultation	Guamanian	15
Psychiatric consultation	Hmong	1
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Hispanic	17,539
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Caucasian	7,466
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	FAME Ethnic Codes (No Valid Data Reported. Generated by MEDS)	5,547
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Black	2,901
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Other Race or Ethnicity	808
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Filipino	297
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Asian or Pacific Islander	243
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Vietnamese	132
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Chinese	125
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Asian Indian	118
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	American Indian or Alaskan Native	90
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Korean	66
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Cambodian	48
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Somoan	17
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Laotian	12
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Hawaiian	10
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Japanese	9
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Guamanian	5



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Procedure Category and Age Band Breakdown		
Category	Age Band	Unique Members
Mental health evaluation and treatment, including individual, group, and family psychotherapy	0-10	13,289
Mental health evaluation and treatment, including individual, group, and family psychotherapy	11-20	32,885
Mental health evaluation and treatment, including individual, group, and family psychotherapy	21-30	27,883
Mental health evaluation and treatment, including individual, group, and family psychotherapy	31-40	25,357
Mental health evaluation and treatment, including individual, group, and family psychotherapy	41-50	16,558
Mental health evaluation and treatment, including individual, group, and family psychotherapy	51-60	14,991
Mental health evaluation and treatment, including individual, group, and family psychotherapy	61-70	8,987
Mental health evaluation and treatment, including individual, group, and family psychotherapy	71-80	1,360
Mental health evaluation and treatment, including individual, group, and family psychotherapy	81-90	490
Mental health evaluation and treatment, including individual, group, and family psychotherapy	91-100	97
Mental health evaluation and treatment, including individual, group, and family psychotherapy	Over 100	8
Psychiatric consultation	0-10	9,231
Psychiatric consultation	11-20	14,826
Psychiatric consultation	21-30	14,446
Psychiatric consultation	31-40	13,288
Psychiatric consultation	41-50	8,068
Psychiatric consultation	51-60	6,956
Psychiatric consultation	61-70	3,741
Psychiatric consultation	71-80	673
Psychiatric consultation	81-90	304
Psychiatric consultation	91-100	82
Psychiatric consultation	Over 100	1
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	0-10	12,475
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	11-20	5,431
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	21-30	3,999
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	31-40	3,869
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	41-50	2,934
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	51-60	3,250
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	61-70	2,390
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	71-80	685
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	81-90	331
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	91-100	67
Psychological and neuropsychological testing, when clinically indicated to evaluate a mental health condition	Over 100	2