



H. Bấm vào > để xem	< Back to Available Courses								
Lịch Lớp Học theo Chủ đề.	Available Courses: Managing Illness								
	IEHP offers health education activities designed to help you stay healthy. Simply click on the tabs below for activity details and to enroll.								
	Breathe Well, Live Well #1: Understand Your Asthma								
	Breathe Well	, Live Well #2:	Control Yo	ur Asthma			\diamond		
 Rà lại thông tin ngày, giờ, địa điểm và ngôn ngữ của lớp 	 à lại thông tin ngày, ờ, địa điểm và gôn ngữ của lớp Breathe Well, Live Well #1: Understand Your Asthma Find out what happens in the lungs when asthma symptoms start, learn about asthma triggers, and how to avoid asthma attacks. 								
học. Bấm vào "Đăng ký" (Register) để đăng ký.	Course Name	Date	Time	Location	Available Seats	Language	Request I.	I	
	Breathe Well, Live Well #1: Understand Your Asthma	01/09/2024	4:00 PM - 5:00 PM	<u>Mead Valley</u> <u>Family Resource</u> <u>Center - Room</u> 215	35 of 36	English 1.	Register		
	Breathe Well, Live Well #1: Understand Your Asthma	01/09/2024	4:00 PM - 5:00 PM	<u>IEHP Community</u> <u>Resource Center</u> <u>- RIV - Victoria</u>	29 of 30	Spanish	Register		

J. Điền vào biểu mẫu và nhấp vào "Gửi"	Course Register	
(Submit).	Breathe Well, Live Well #1: Understand Your Asthma 1/9/2024 Language: English Course Options This course is offered in English. You may request an interpreter to attend the class with you, IEHP needs at least 5 business days to schedule an interpreter.	
	Additional Person (If primary person is under the age of 18, add at least one parent/guardian) + Add Attendant	