
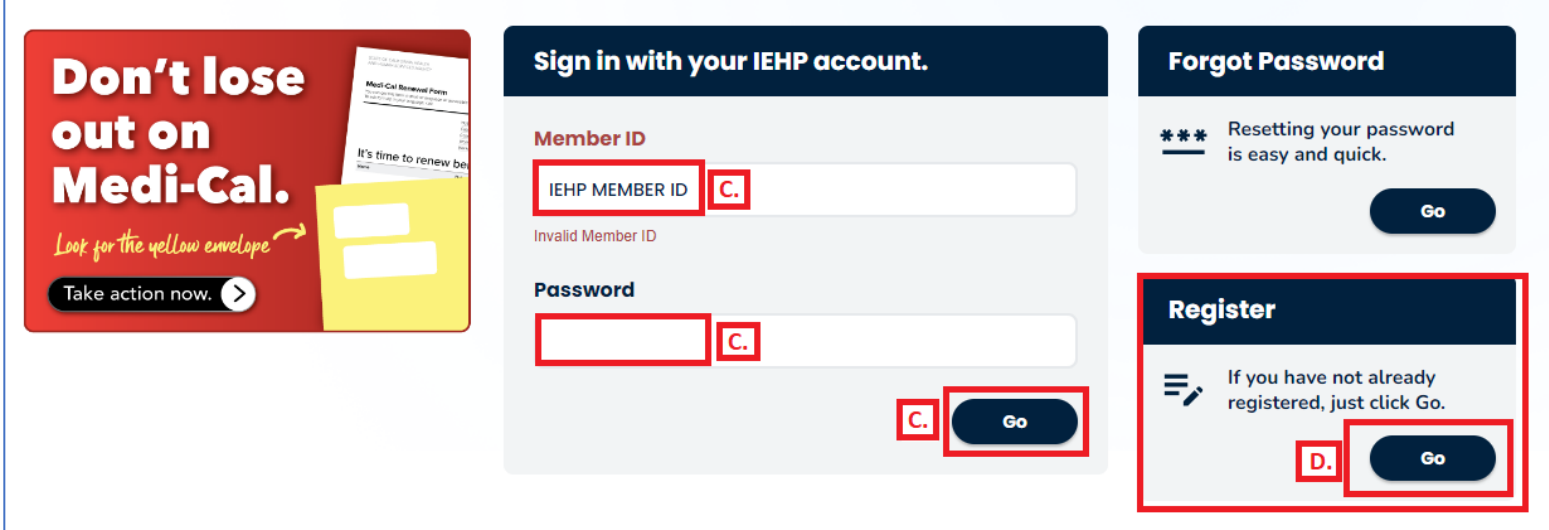
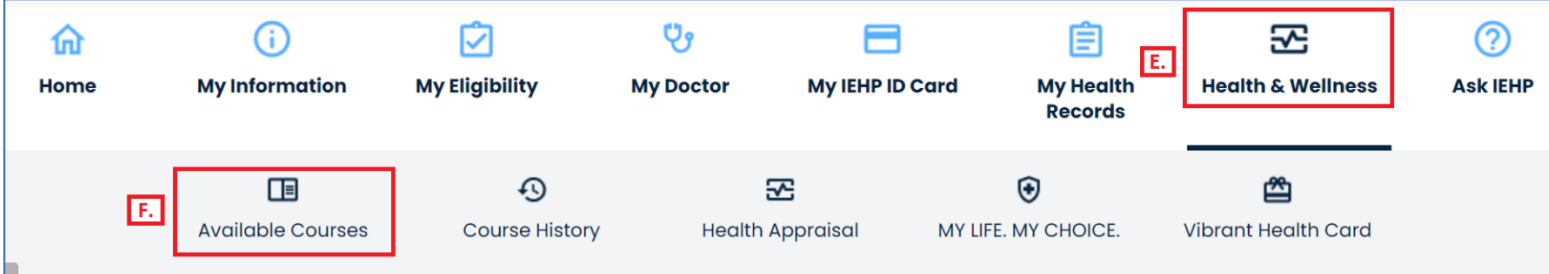


在 IEHP 會員入口網站自己註冊

<p>A. 請造訪 www.iehp.org。 在主頁按「登入」。</p> <p>B. 選擇「會員登入」。</p>	
<p>C. 輸入會員號和密碼，然後按「前往」進入。</p> <p>D. 欲開設新帳戶，在註冊方塊中按「前往」，然後按說明照做。</p>	
<p>E. 在主頁上點擊「健康與保健」。</p> <p>F. 點擊「可修課程」。</p>	

在 IEHP 會員入口網站自己註冊

G. 選擇類別查看課程/
材料主題。

Available Courses

IEHP offers health education activities designed to help you stay healthy. Simply click on the tabs below for activity details and to enroll.

G.

Early Childhood

Healthy Living

Managing Illness

Men's Health

Perinatal Health

Senior Health

Teen Health

Weight Management

H. 按 > 鍵查看該主題
課程表。

< [Back to Available Courses](#)

Available Courses: Managing Illness

IEHP offers health education activities designed to help you stay healthy. Simply click on the tabs below for activity details and to enroll.

Breathe Well, Live Well #1: Understand Your Asthma

H.

>

Breathe Well, Live Well #2: Control Your Asthma


>

在 IEHP 會員入口網站自己註冊

I. 查看課程日期、時間、地點和語言。點選「註冊」。

Breathe Well, Live Well #1: Understand Your Asthma

Find out what happens in the lungs when asthma symptoms start, learn about asthma triggers, and how to avoid asthma attacks.

Course Name	Date	Time	Location	Available Seats	Language	Request
Breathe Well, Live Well #1: Understand Your Asthma	01/09/2024	4:00 PM - 5:00 PM	Mead Valley Family Resource Center - Room 215	35 of 36	English	 <input type="button" value="Register"/>
Breathe Well, Live Well #1: Understand Your Asthma	01/09/2024	4:00 PM - 5:00 PM	IEHP Community Resource Center - RIV - Victoria	29 of 30	Spanish	<input type="button" value="Register"/>

J. 填表後點擊「提交」。

Course Register

Breathe Well, Live Well #1: Understand Your Asthma
1/9/2024
Language: English

Course Options

This course is offered in English. You may request an interpreter to attend the class with you, IEHP needs at least 5 business days to schedule an interpreter.

Interpreter Language (Optional)

Additional Person

(If primary person is under the age of 18, add at least one parent/guardian)

+ Add Attendant

