

## We heal and inspire the human spirit.

**To:** All PCPs, Specialists, BH and IPAs

**From:** IEHP – Provider Relations

**Date:** January 11, 2024

**Subject:** WPATH Standards of Care Version 8 Available Online

The World Professional Association for Transgender Health (WPATH) has released the **Standards** of Care for the Health of Transgender and Gender Diverse People, Version 8 publication and is available online for use. IEHP would like to advise Providers that we are utilizing the current WPATH Standards of Care as the basis and guideline for UM decisions with all lines of business regarding all transgender services.

The overall goal of the WPATH Standards of Care is to provide clinical guidance for health professionals to assist transgender and gender diverse people with safe and effective pathways to achieve lasting personal comfort with their gendered selves, and to maximize their overall health, psychological well-being, and self-fulfillment. This healthcare assistance may include primary care, gynecologic and urologic care, reproductive options, voice and communication therapy, mental health services (e.g., counseling, psychotherapy), hormonal or surgical treatments.

Among the information available in this updated publication includes the summary criteria for hormonal and surgical treatments for adults and adolescents listed on pages 256 through 257.

The WPATH Standards of Care publication can be found at: <a href="www.wpath.org">www.wpath.org</a> > Publications > Standards for Care > Standards of Care Version 8 or click here.

As a reminder, all communications sent by IEHP can be found at: <a href="www.providerservices.iehp.org">www.providerservices.iehp.org</a> > Provider Central > News and Updates > Notices.

For further questions you can connect with IEHP's Provider Call Center at (909) 890-2054, (866) 223-4347, or email providerservices@iehp.org