### SU CARES LINE 1-800-499-3008

## TREATMENT CLINIC LOCATIONS AND HOURS Bilingual & Evening Hours Available

#### **BLYTHE**

1297 W. Hobsonway Blythe, CA 92225 (760) 921-5000 M - F, 8am to 5:30pm

#### **DESERT HOT SPRINGS**

14320 Palm Dr.
Desert Hot Springs, CA 92240 (760) 770-2264
M - Th, 8am to 5pm/F - 4:30pm

#### **LAKE ELSINORE**

31764 Casino Drive, Suite 200 Lake Elsinore, CA 92530 (951) 471-4649 M - F, 8am to 5pm

#### **PALM DESERT**

74923 Hovley Lane East Palm Desert, CA 92260 (760) 770-2286 M - F, 8am to 5pm

#### **SAN JACINTO**

1370 S. State St., Suite A San Jacinto, CA 92583 (951) 791-3350 M - Th, 8am to 5pm/ F - 4:30pm

#### **CORONA**

2813 S. Main St. Corona, CA 92882 (951) 737-2962 M - F, 8am to 5pm

#### INDIO

83-912 Avenue 45, Suite 9 Indio, CA 92201 (760) 347-0754 M - F, 8am to 5pm

#### **MORENO VALLEY**

23119 Cottonwood, Bldg. A, Suite 100 Moreno Valley, CA 92553 (951) 413-5130 M - F, 8am to 5pm

### **RIVERSIDE**

2085 Rustin Ave., Bldg 3 Riverside, CA 92507 (951) 955-2105 M - Th, 8am to 5pm/ F - 4:30pm

### **TEMECULA**

40925 County Center Dr, Ste 200 Temecula, CA 92591 (951) 600-6360 M - F, 8am to 5pm

## Closed on Holidays IMPAIRED DRIVER PROGRAM (IDP)

#### **INDIO**

83-912 Avenue 45, Suite 9 Indio, CA 92201 (760) 863-8471 M - F, 8am to 5pm

## SUBSTANCE ABUSE ADMINISTRATION OFFICE

3525 Presley Avenue Riverside, CA 92507 (951) 782-2400 M - Th, 8am to 5pm F, 8am to 4:30pm

## <u>RIVERSIDE</u>

2085 Rustin Ave.—Bldg 3 Riverside, CA 92507 (951) 778-3500 M - F, 8am to 5pm DUI Screening Hours: M - F, 8am to 5pm

## FRIDAY NIGHT LIVE (FNL) PREVENTION SERVICES

23119 Cottonwood, Bldg. A, Suite 100 Moreno Valley, CA 92553 (951) 413-5130 M - F, 8am to 5pm

The help you need is just a phone call away.

# Riverside University Health System Mission Statement

Improve the health and well-being of our patients and communities through our dedication to exceptional and compassionate care, education, and research.

### **Cultural Competency Statement**

Riverside University Health System - Behavioral Health is proud of its commitment to cultural competency—the acceptance and valuing of people from all ethnic and religious backgrounds, regardless of their age, gender, sexual orientation, or disability. Embracing diversity will make us stronger mental health professionals for the benefit of our consumers. We do not discriminate.

THE CONFIDENTIALITY OF ALL CLIENTS IS STRICTLY ADHERED TO IN ACCORDANCE WITH THE STATE AND FEDERAL REGULATIONS.

- FEES ARE BASED ON ABILITY TO PAY AND A SLIDING SCALE IS USED. NO ONE WILL BE DENIED SERVICES DUE TO INABILITY TO PAY.
- MEDI-CAL IS ACCEPTED AT ALL LOCATIONS

SU CARES LINE: 1-800-499-3008

**CARE COORDINATION TEAMS** 

**Desert Region: (760) 773-6761** 

Western Region: (951) 955-7622





Substance Abuse Prevention and Treatment Program

This document is available in alternative formats upon request.

Information also available at www.rcdmh.org/Substance-Use-Programs

RUHS-BH BR/SAPT-001 REV 05/2019



Substance Abuse Prevention and Treatment Program



Dedicated to reducing drug and alcohol use within our communities and increasing community access to services

Matthew Chang, M.D., Director Deborah Johnson, Assistant Director Amy McCann, Assistant Director Rhyan Miller, Deputy Director

> Administrative Offices 4095 County Circle Drive Riverside, CA 92503 (951) 358-4500

## **Substance Abuse Prevention and Treatment Program**

## **Administrator's Vision**

We are the passionate guides that will help individuals navigate a journey of understanding and healing.

## **Substance Use Community Access,** Referral, Evaluation, and Support Line (SU CARES) 1-800-499-3008

Guidance and assistance is just a phone call away! We provide substance abuse prevention and treatment service information for individuals and families, screening placement services, and direct referrals for consumers of Riverside County Communities seeking help with substance use difficulties or questions.

Pregnant or know someone who is and wants treatment? Immediate access to treatment for pregnant and parenting women. Call today and ask about our peri-natal program.

## Services Available at all below RUHS Behavioral **Health Clinics**

- Personal and private screening, assessment, and placement services
- Individual and family prevention service
- Substance abuse treatment, individual and family counseling, and group counseling
- Individual and family guidance for individuals desiring help and a life of recovery
- Information for individuals and families regarding help and assistance



MOMS Perinatal Program is an intensive outpatient treatment program for pregnant and parenting substance abusing women. Transportation is provided for women and their children. A child learning laboratory is provided as part of treatment, where women learn hands-on parenting skills. Groups

cover a variety of topics specific to pregnant and parenting mothers. Special speakers are also used to provide information and referrals to other community programs available for women.

#### Residential Treatment and Detoxification Services

Riverside County contracts with a number of private agencies to provide residential recovery care for individuals struggling with substance abuse and addiction. These are unlocked, 24 hour recovery programs which utilize group support and sponsorship to help clients give up their substance use habits and learn how to live a life of sobriety. The County also contracts for women specific services. These programs are designed to meet the special needs of women, especially those that are pregnant. Riverside County also contracts with several residential programs who provide drug and alcohol detoxification services in a social model or medical model program. Clients who have cooccurring mental health disorders in addition to their substance use are allowed to take their medications as needed to stabilize their mental health.



### **Collaborative Court Programs**

Riverside County operates several collaborative court programs. including four Drug Courts (ROC), one Juvenile Drug Court (JUST), three Family Preservation Courts, Mental Health Court, and Veterans Courts. Drug Courts require a collaborative approach that includes teams comprised of the Superior Court,

Probation, District Attorney, Public Defender, DPSS and Behavioral Health. The goals of collaborative courts are to eliminate drug use, criminal behavior among the participants, and promote family unification. These programs, save state tax dollars associated with prison costs and foster care.

Impaired Driver Screening Program is designed to provide a referral for clients convicted of driving under the influence of alcohol and other drug substances. The program serves as a point of entry into a system of education and counseling for these individuals.

The screening program monitors client progress, evaluates client participation, and suggests additional support services that may be needed or required.



## The Substance Use Treatment And Recovery Team (START)

START is an intensive case management team designed to reduce repeated admissions to County Mental Health Programs. Referrals are made to START by the Inpatient Treatment Facility (ITF) and Emergency Treatment Services (ETS). START provides referrals to appropriate Substance Abuse programs (who accept co-occurring disorder clients), as well as, assisting the client to remain in the appropriate outpatient Behavioral Health program.

### **Prevention Services**

We are dedicated to the implementation of comprehensive evidencebased prevention services which follow the guidelines established by the Center for Substance Abuse Prevention. These guidelines allow for a spectrum of prevention services to meet the needs of three populations:

Universal Prevention: Targets the entire population. Examples: media campaigns and policies that reduce availability. Selected Prevention: These prevention activities target a specific group of the population whose risk of developing substance use problems are higher than that of the general population. Example: children of substance users. Indicated Prevention: Serves specific individuals who are exhibiting early signs or consequences of substance use.

## Individual Prevention Services (IPS)

Is someone you know starting to have problems because of drugs or alcohol? Has your child gotten into trouble at school because of drugs? Does your grandmother mix her medication with alcohol? If so, we can help! We now offer an Individual Prevention

Service program. This program is designed for individuals aged 12 to senior citizens who are starting to see negative consequences of drug or alcohol use, but are not yet to the point of requiring treatment. Participants and their families meet with a Prevention Specialist to set up a plan of action. The intervention is custom designed and individualized, and there is no charge for the service. This service is provided at all County operated Substance Abuse Clinics.

## **Friday Night Live**

Friday Night Live (FNL)....high school aged youth.

Club Live (CL)....middle/intermediate/junior high aged youth.

Friday Night Live Kids (FNL Kids)....elementary school aged youth.

FNL/CL/FNL Kids are school and community based peer prevention clubs designed to positively engage young people in preventing alcohol, tobacco and other drug-related problems. Members of FNL/CL/FNL Kids encourage their peers by providing safe and supportive environments where they are less likely to engage in high risk behaviors and where healthy living is modeled. FNL/CL/FNL Kids programs foster resiliency and protective factors in young people through the development of action-oriented clubs in which positive activities are planned and implemented by the young people themselves.