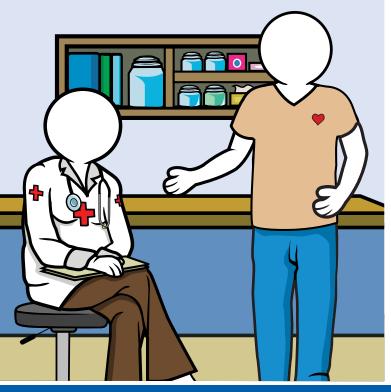
# IEHP GENDER HEALTH

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### FOR IEHP MEMBERS 18+



Destination Health



### YOU'RE NOT ALONE

#### Do you identify as Transgender or Gender Diverse?

You are not alone. The transgender and gender diverse population of the Inland Empire has been estimated at almost 27,000 people.\* At Inland Empire Health Plan (IEHP), we want you to get all the care you need with the respect you deserve.

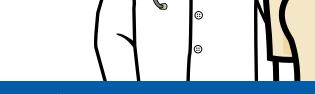
### **DID YOU KNOW?**

- V IEHP covers all medically necessary Medi-Cal-covered Gender Health services.
- VIEHP has Doctors and Specialists who have experience in gender health services. Call IEHP Member Services to find out more.

### HOW TO GET STARTED

#### See your IEHP Primary Care Doctor on a regular basis

- If you have not seen your Doctor yet or in a long time, set up a visit today. Your Doctor, the key to your overall health care, knows your health history and helps make sure you get the care you need.
- Your Doctor can refer you to Specialists, if needed. This includes any gender health options that meet your medical needs. So share your treatment goals with your Doctor.
- You can change your IEHP Doctor at any time.





#### Call IEHP Member Services: 1-800-440-4347 | 1-800-718-4347 for TTY users | Monday – Friday | 8am – 5pm 🛛 🗗 🖸 😏

## BENEFITS

#### Talk to your Doctor about these Gender Health Benefits:

- **©** Behavioral Health Services
- Hormone Replacement Therapy
- Surgeries and Procedures

### IEHP also provides non-clinical resources, such as:

- Care Coordination
- Community and Legal Resources
- © Demographic updates



### MORE SUPPORT

#### Check out local support groups and organizations, and be an active part in your treatment.

Visit www.iehp.org/genderhealth or call IEHP Member Services at the number below.

\*Inland Empire Transgender Health & Wellness Profile (February 2017). Riverside University Health System -Public Health.

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